



***Planet Youth* Questionnaire for 2025-2026**

Dear Parents/Guardians,

During school year 2025-2026, a questionnaire on the well-being of youth will be implemented among middle and high school students.

Students will consensually fill out an **anonymous and confidential questionnaire**, including questions on their health, behavior, substance use and well-being. The survey will take about 30 minutes to fill out and will be implemented during school hours.

The *Planet Youth* questionnaires have been implemented all over the world since 2006, and in Iceland since 1992. The survey has produced results vital to those working with young people, providing information that has been used as a basis in policymaking and prevention work among those working to improve the health and well-being of youth.

The main focus of the studies has been the same from the start, and includes relationships with friends and family, sports participation and extracurricular activities, social life, health, substance use, bullying, future expectations, sleep, and stress, along with other important factors.

This is an *anonymous* questionnaire. The information gathered from the questionnaires, therefore, cannot be traced back to individual students. Once filled out, the outcome is processed by *Planet Youth* and findings will be disseminated by the local Coalitions within 8 weeks.

I give permission for my student(s) _____ to participate in the Questionnaire.

School: _____ Grade: _____

Signature: _____ Date _____

With any questions or concerns, please feel free to contact:

Andrew Scrivo, Seward Prevention Coalition: andrew@spsalaska.org

Anna Meredith, Southern Kenai Peninsula Resilience Coalition: anna@elementalconsulting.solutions

Kari Dendurent, KPBSD Assistant Superintendent: KDendurent@kpbsd.k12.ak.us

Thank you,

