

## **Southern Kenai Peninsula Resilience Coalition**

Activities & Accomplishments - FY24 (Q4)

The Southern Kenai Peninsula (SKP) Resilience Coalition is a working group of the Southern Kenai Peninsula's Mobilizing for Action through Planning and Partnerships (MAPP) coalition. The SKP Resilience Coalition is made up of health and human services organizations, individual community members, and other community groups focused on cultivating healthy relationships and resilient families, free from violence and substance abuse. The coalition's current focus is to lift up our youth with positive adult connections.

- Quarter I: July 2023-September 2023
- Quarter 2: October 2023-December 2023
- Quarter 3: January 2024-March 2024
- Quarter 4: April 2024-June 2024

#### **Events**



## **Monthly Coalition Meetings**

The SKP Resilience Coalition meets monthly in-person and via Zoom, on the second Wednesday from Ham-12:30pm.



Meetings held in Q4



**Meeting Attendees (Average)** 



Hours of full coalition meetings in Q4

In **Quarter 4** monthly meetings, members were engaged in presentations on the Icelandic Prevention Model and the Theory of Change (ToC) in April and a presentation from HYPER and the Seward Prevention Coalition in June. The SKPRC is working to enhance its collaboration efforts throughout the Kenai Peninsula Borough.

# Youth Activities ("Where Can I Homer" Project)

Youth supported by the SKPRC and Homer Youth Court are implementing the "Where Can I Homer" project. This is a project created for youth, by youth. It consists of a website that will help youth access information on healthy activities while decreasing the marketing/outreach burden on local organizations.



Meetings held in Q4



**Meeting Attendees (Average)** 

In **Quarter 4** the group engaged in developing the Student Connector position and recruiting for it; creating systems of operations for a growing youth team (e.g. policies and procedures) that will support a safe, comfortable, and effective work environment; committed to a logo and are preparing to launch the website



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## Safe & Healthy Kids Fair



**Families** participated

The **Safe & Healthy Kids Fair** is an annual event that offers interactive health and safety information for children ages I-18 and their families. SKPRC members promoted the Coalition and distributed "Block Party in a Bag" to 40 families



## **Resilience Coalition Leadership Team (RCLT)**



Meetings held in Q4



**Meeting Attendees (Average)** 

In **Quarter 4** the RCLT engaged in decision-making around the Icelandic Prevention Model training in Anchorage in May; discussed budget updates and RCLT recruitment; and were briefed on the Where Can I Homer project's readiness to launch. The RCLT also discussed plans for updating the Coalition's vision.

## Teen Mental Health First Aid (tMHFA)



Meeting held in Q4



**Attendees** 

**Teen Mental Health First Aid (tMHFA)** teaches teens in grades 10-12, or ages 15-18, how to identify, understand, and respond to signs of mental health and substance use challenges among their friends and peers.

\*Meetings are on hold until fall when the group can re-convene.

#### **Kenai Peninsula Suicide Prevention Coalition**

In May and June, Kenai Peninsula residents came together to create the **Kenai Peninsula Suicide Prevention Coalition (KPSP)** with the intent to align with the State of Alaska suicide prevention plan.



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## **Workgroup Activities**

Workgroups are organized around Coalition strategies and exist to advance the work of the SKPRC. In workgroups, members make decisions about, plan for, and implement Coalition activities. Workgroups are open to any Coalition members and meet on a regular basis.

## **Communications Workgroup**



Meetings held in Q4



**Meeting Attendees (Average)** 



Hours of meetings in Q4



Activities:

Planning for Safe & Healthy Kids Fair outreach booth: quarterly report distribution planning: planning for in-person work planning session



A successful Safe & Healthy Kid Fair



Summer schedules make convening a challenge

### **Homer Afterschool Programs Workgroup**



Meetings held in Q4



**Meeting Attendees (Average)** 



Hours of meetings in Q4



Icelandic Prevention Model presentation; decision to invest in Planet Youth; Icelandic Prevention Model training and debrief; presentation on Theory of Change (ToC); ASP survey



The Afterschool Program is well-aligned with the Theory of Change; new member joined in



History of Boys and Girls Club in Homer leaves concern for lack of local control; soliciting funding through other nonprofits could be a challenge/conflict for the coalition

## **1** Trauma-Informed Workgroup



Meetings held in Q4



**Meeting Attendees (Average)** 



Planning for a May Listening Session with Homer agency leaders and debriefing after the event; finalize schedule for July training series



Pivoting to meet local agency needs; Listening Session conducted in May with 6 attendees



Cohort momentum has shifted

#### Additional Trainings



★ Icelandic Prevention Model Training

The State of Alaska hosted a two-day training in Anchorage on the Icelandic Prevention Model. There was a diverse and committed cross-section of the SKP represented at the training, with 7 SKPRC members trained.



PC Cares stands for Promoting Community Conversations About Research to End Suicide. The SKPRC hosted three trainings, each lasting 2.5 hours. An average of 6 people attended, Learning Circles were focused on; prevention; grief and healing; and reviewing next steps,

#### Building Inclusive Coalitions

 Held in Anchorage and supported through the State of Alaska, this training offered a space to reflect on power and relationships in the context of coalition-building work.

#### Healthy Outcomes for Positive Experiences (HOPE)

This training, delivered by the Alaska Children's Trust, brought together 12 SKPRC members to learn about HOPE. HOPE is a framework grounded in public health and early childhood development that helps communities and systems of care ensure more positive experiences for children and more support for their families.