

The Southern Kenai Peninsula (SKP) Resilience Coalition is a working group of the Southern Kenai Peninsula’s Mobilizing for Action through Planning and Partnerships (MAPP) coalition. The SKP Resilience Coalition is made up of health and human services organizations, individual community members, and other community groups focused on cultivating healthy relationships and resilient families, free from violence and substance abuse. The coalition’s current focus is to lift up our youth with positive adult connections.

- **Quarter 1:** July 2023-September 2023
- **Quarter 2:** October 2023-December 2023
- **Quarter 3:** January 2024-March 2024
- **Quarter 4:** April 2024-June 2024

Events



Monthly Coalition Meetings

The SKP Resilience Coalition meets monthly in-person and via Zoom, on the second Wednesday from 11am-12:30pm.



3 Meetings held in Q3



16 Meeting Attendees (Average)



4.5 Hours of full coalition meetings in Q3

In **Quarter 3** monthly meetings, members were engaged in presentations by Thomas Azarella of the Alaska Afterschool Network, Becky Judd on Risk and Protective Factors, and Tara Schmidt on PC Cares. In addition, during the March meeting, members engaged in message creation for a Fireweed/West Homer Elementary outreach event.



Youth Activities (“Where Can I Homer” Project)

Youth supported by the SKPRC and Homer Youth Court are implementing the “Where Can I Homer” project. This is a project created for youth, by youth. It consists of a website that will help youth access information on healthy activities while decreasing the marketing/outreach burden on local organizations.



8 Meetings held in Q3



4 Meeting Attendees (Average)



12 Hours of meetings in Q3

In **Quarter 3** the group engaged in a review of survey data; prepared community/school presentations that occurred at Flex on 2/7 and HPL Teen Advisory Board presentation on 2/14 and City Council presentation on 2/26; debriefed presentations; met with City of Homer to discuss proposed community rec facility; created Google Workspace; planned for website design; engaged in HMS newsletter interview.



Resilience Coalition Leadership Team (RCLT)



3 Meetings held in Q3



6 Attendees (Average)



4 Hours of meetings in Q3

In **Quarter 3** the RCLT discussed the FY24 budget and the DBH continuation application; assessed ASP needs (both program and funding); reviewed the Theory of Change report; debriefed on the SKPRC team's trip to Iceland for the Planet Youth conference; and discussed various upcoming community engagement events (March Meet Your Neighbor Month, pancake breakfasts at Flex, training opportunities).

Theory of Change Workshop



11 Participants



8 Hours of workshop

A **theory of change (ToC)** is the story of how we think change happens as a result of our actions. For the SKPRC, this is a cohesive story (or theory) of how our coalition makes change with and for young people through positive adult relationships. A ToC is a tool to help focus its decision-making and prioritize its resources while staying focused on its long-term impact. The workshop was held on March 2, 2024. The ToC processes yielded a report which has been reviewed and approved by the RCLT.

Icelandic Prevention Model (IPM) Conference



3 SKPRC members in attendance

The **IPM Conference** took place March 11-13, 2024 in Reykjavik, Iceland. This conference offered a deep comprehensive look into the Icelandic Prevention Model and Planet Youth and provided detailed presentations on how this model can be implemented in rural communities. Homer has many things in place to engage with this model, including steps 1-3 of Planet Youth's implementation plan. One challenge is a five year funding commitment. As a result of participation in the IPM conference, the team has been able to engage in multiple local, public presentations on IPM.

March Meet Your Neighbor Month Activity



8

SKPRC members participated

A team of eight SKPRC members decorated the halls of Fireweed/West Homer Elementary in honor of **March Meet Your Neighbor Month**. This was a new and fun opportunity to engage youth and increase SKPRC visibility.

Boys and Girls Club (BGC) Exploration Meeting



10

Meeting attendees

In March 2024 a group of 10 people met to discuss the possibility of a **Boys and Girls Club expansion in Homer**. Everyone in attendance was supportive of an out of school time solution, whether it was BGC or not, and are willing to help fund it. Due to current staff demands and capital projects in Kenai, the BGC does not have the capacity to open a new club at this time. Identifying funding is the next step and a survey will be created to share with potential partners/funders to begin to identify who/how that will occur.

Homer Middle School Parent Night



22

Caregivers present



8

School Staff (Average)

On February 27, 2024 Homer Middle School hosted a **Parent Night** with 22 caregivers, 8 staff, and the Teen Mental Health First Aid (tMHFA) team to discuss adolescent mental health and brain development and to offer local, state, and national resources. It was a successful turnout of parents and caregivers who asked questions, offered supports, and were willing to engage in the conversation. School staff questioned why sexual health education and tMHFA education is not currently in the school system. Community members advocated for more Parent Nights but school staff expressed overload and inability to add more to their plates. As a result, 7 parents attended the KPBSD Board of Education (BOE) meeting the following Monday to request BOE support in bringing tMHFA and sexual health education into schools.

Workgroup Activities

Workgroups are organized around Coalition strategies and exist to advance the work of the SKPRC. In workgroups, members make decisions about, plan for, and implement Coalition activities. Workgroups are open to any Coalition members and meet on a regular basis.

Communications Workgroup

 **4 Meetings** held in Q3

 **4 Meeting Attendees** (Average)

 **3.5 Hours** of meetings in Q3

- ★ **Activities:**
 - In Q3, the Communications Workgroup planned for March Meet Your Neighbor Month (MYNM) and prepared for engaging in Parent Night at HMS
- ★ **Successes:**
 - Finalized MYNM plan, created logos and social media posts; 20 students were at the pancake breakfast
- ★ **Challenges:**
 - Need more stickers and promotional materials for MYNM next year

Data Workgroup

 **1 Meeting** held in Q3

 **6 Meeting Attendees** (Average)

 **1 Hour** of meetings in Q3

- ★ **Activities:**
 - Discussed the demonstration of the State's potential new software; finalized demographic data form; discussed reporting needs and quarterly newsletter
- ★ **Successes:**
 - Demographic data form is ready for implementation
- ★ **Challenges:**
 - Still need to operationalize demographic data form use

Homer Afterschool Programs Workgroup

 **3 Meetings** held in Q3

 **6 Meeting Attendees** (Average)

 **3 Hours** of meetings in Q3

- ★ **Activities:**
 - Zoom presentation with Seward Prevention Coalition/Youth 360; discussions and preparation for meetings and conferences (City of Homer; Iceland Planet Youth conference); planning for Friday Teen Nights at the SPARC; review of Boys and Girls Club partnership expansion document; discussions of potential partnerships and funding collaborations
- ★ **Successes:**
 - Decision to use Rotary support funds to support Friday Teen Nights at the SPARC and identification of agencies to take turns hosting Friday Teen Nights; learned about phased approach with Boys and Girls Club; increased connection with Seward Prevention Coalition/Youth 360
- ★ **Challenges:**
 - Since there is not an Afterschool Program for the Rotary funds to support, those funds are being redirected to support other out of school time offerings for young people

Trainings Workgroup: Teen Mental Health First Aid (tMHFA)

 **6 Meetings** held in Q3

 **3 Meeting Attendees** (Average)

 **10.5 Hours** of meetings in Q3

- ★ **Activities:**
 - Discussions of collaborating with school nurse and responding to teacher implementation requests; planning Parent Night presentations and peer educator run-through; peer educator implementation and debrief
- ★ **Successes:**
 - Presentation to the Board of Education; KPBSD staff are reaching out with requests and relationship building is ongoing; tMHFA on panel at Parent Night; tMHFA instructors implemented to an audience of peer educators. The team received feedback and has been able to create a timeline for moving forward
- ★ **Challenges:**
 - MoA with KPBSD unable to proceed until July 2024 which results in Fall 2024 implementation in schools; potential for blurred lines between organizational staff and tMHFA instructors; getting peer educators to commit might be a challenge